



Stroke Recovery Association,
PO Box 3401,
Putney NSW 2112

I wish to donate:

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Stroke Recovery Association

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Thank you for your generous donation

*All donations over \$2.00 are tax deductible
(CFN 10987)*



STROKE ASSOCIATION OF NSW

VISION

‘Reducing the impact of Stroke’

GOAL

To increase the public’s knowledge of Stroke,
its causes, recovery and prevention

To maximise Stroke recovery of the individual
and reduce the impact on the family/carer
and community

To develop and influence policy and best
practice to maximise services available for
those affected by Stroke

STATISTICS

**Service Provision Statistics
July 2005 to June 2006**

Total Number of Client Contacts:	16,179
Telephone	2,794
Email	2,462
Hits to our Website	6,958
Correspondence	3,965
Distribution of Information Kits	1,049
Distribution of Information Sheets	26,665
Page Downloads from Website	24,347
Distribution of Pamphlets	7,275

**STROKE RECOVERY
ASSOCIATION
OF
NSW**



**REDUCING THE IMPACT OF
STROKE AND PROVIDING A
VOICE FOR PEOPLE
AFFECTED BY STROKE**

INCIDENCE OF STROKE

50,000 people have a Stroke in
Australia annually
25% of these are aged under 65
years

1 in 7 people with have a Stroke
during their lifetime

At any one time, there are **200,000**
people in Australia affected by
Strokes

30 YEARS OF SERVICE



The Hon. John Hatzistergos, Minister for Health, with our founder, Anita Rosenberg, and her husband, Allen, in September 2006

Service Provision:

Our statistics indicate how the demand for our services has increased over the last five years. Total client contact has increased over the past year from 12,221 to 16,179, which is a percentage increase of 32%.

Our new website and printed material has been a success with an enormous increase of demand in these areas, particularly use of the website. The introduction of an Internet Chat room is proving to be a welcome addition.

1300 Counselling line:

Calls to the counselling line numbers were down last year, with 2,794 phone calls received. However, while the total number of calls has decreased the percentage of Information and Counselling calls has continued to grow, now accounting for up to 55% of all calls taken. Administration calls remain low at 10% meaning that the majority of calls taken are related to the core business of the Association.

Stroke Conferences:

Stroke Conferences continue to grow in popularity, particularly with people affected by Stroke. 2006 was successful in that not only did the Association again assist to organise and sponsor the Blacktown Conference, but also NSW Health staff held three successful Conference days at Burwood RSL Club, North Sydney Leagues Club and at Erina Fair Shopping Centre on the Central Coast during Stroke Awareness Week. In total over 350 people attended Stroke-related conferences again this year.

In 2006 we also held a very successful Young Stroke Forum at NSW Parliament House during Stroke Awareness Week. There were over 70 in attendance with young people travelling from Wagga Wagga, Canberra and the Snowy Mountains to attend. It was a very successful day and there has been a request that we look to hold the Young Forum on a regular basis.

Stroke Awareness Week 2006:

This event continues to grow each year. Last year we distributed information about Stroke and the Association to be displayed at over 72 different venues throughout NSW. Our Stroke Recovery Clubs and our colleagues at NSW Health ensured that the State was quite widely covered with displays promoting Stroke prevention.

The print media were also covered throughout the State. This year we were able to send press releases to every local newspaper in NSW and interviews were conducted with four Stroke Recovery Clubs to give them media exposure.

Stroke Awareness Week was launched by the Honourable John Hatzistergos, the NSW Minister for Health, at a cocktail party held at Parliament House in Macquarie Street, Sydney, attended by over 90 people. It was a great success. The Minister was most generous with his time, staying after the official proceedings to chat with those present.

Stroke Advocacy:

Our Executive Officer continues to be involved in the Greater Metropolitan Clinical Taskforce and represents the view of our members on this Committee. It continues to bring us into contact on a bi-monthly basis with the clinicians and allied health staff who are working with Stroke throughout the Greater Metropolitan area (this includes Sydney / Blue Mountains / Central Coast / Illawarra and the Hunter). The next phase in the Stroke Unit roll out will be Stroke Units to our rural areas, which will become an increasing area of involvement for the Association. The past year has seen the development of a Unit at Wagga Wagga, with new Units being planned for other major rural centres over the next twelve months.

The Association also participates quarterly in the GMCT Consumer Forum, which links us with all other consumer organisations operating within the GMCT structure. We are recognised by NSW Health as a credible consumer organisation throughout the State.

Consumer involvement in the planning and monitoring of NSW Health Services is now mandatory. We are in a unique situation whereby we have a network of consumers (members of our Stroke Recovery Clubs) that has been established for some time, which can be utilised very effectively and efficiently to provide consultation and feedback.

Looking ahead:

As we move into the next decade, we hope to continue to build and diversify into a strong organisation, while striving to provide excellent service to Stroke survivors and their families.